

**Training in General**

0500-0600 - Physical Training (PT) [Monday – Friday]

0720-1530 - Musical training [Monday – Friday]

1600-1700 - General military training [Monday]

1600-1700 - Warrior training = [Thursday]

Team building training and/or additional warrior training is conducted one Saturday a month.

Sample Student Schedule

0430 Wake-up/Personal Hygiene

0450 Formation (barracks)/March to physical training (PT)

0500-0550 PT

0550-0600 March to barracks

0600-0645 Breakfast/Personal Hygiene/Details

0700 Formation (SOM)

0720-0810 Band Ensembles or Theory or Ear Training

0815-0905 Band Ensembles or Theory or Ear Training

0910-1000 Band Ensembles or Theory or Ear Training

1005-1055	Band Ensembles or Theory or Ear Training
1055-1155	Lunch
1155-1245	Band Ensembles or Theory or Ear Training
1250-1340	Band Ensembles or Theory or Ear Training
1345-1435	Drill Band or Concert Band
1440-1530	Drill Band or Concert Band
1530-1545	Details (cleanup) (SOM)
1600-1700	Military Training (Mondays & Thursdays only)
1700-1730	Dinner
1800	Formation (Phase IV only)
1800-2100	Individual Practice/Study Time (Theory & Ear Training)
2100-2130	Uniform/Room Maintenance/Personal Hygiene
2130	Curfew

Additional Notes

1. The Army Physical Fitness Test (APFT) is administered the fourth Monday of every month. On those particular days, the first formation is at 0400 behind Student Company.
2. Field night (common area cleanup) occurs every Tuesday from 1800-2000.
3. The Student of the Month Ceremony/Recital occurs once a month from 1545-1645.
4. Weigh-ins are conducted once a month.
5. Soldiers are required to practice anywhere between 10-18 hours a week. According to School of Music Regulations, students are required to practice a minimum of one (1) hour on training days and four (4) hours to be divided between the two (2) days at the student's discretion on weekends. A maximum of four (4) hours per day count toward completion of the total number of hours assigned.

6. Schedule does not reflect mandatory Learning Resource Center (LRC) time. Mandatory LRC time can be dictated from student's instrumental instructor, theory instructor or ear training instructor.
7. Schedule does not reflect Soldiers who struggle with PT and/or weight and need to do additional PT on their own.
8. Schedule does not reflect when Soldiers are scheduled for duty.